

## Our Whole Lives-Adult (ages 30-55)

This course focuses on sexuality in connection with relationships, love, family, and spirituality. Participants can expect to discuss and reflect their own ideas about gender, culture and changing values. Has the “Me Too” movement rocked your world?

**Time commitment:** 3 half day workshops running on one Saturday afternoon a month, from 1-5 pm on March 9, and April 6, 2019. The third date will be agreed upon by all registrants.

**Registration and Cost:** Offered free of charge as part of the South Fraser Unitarian Congregation’s service and commitment to the community. Childcare is available on a request basis. Please complete the registration form.

**Venue:** Sunnyside United Church, 15639 24 Ave, Surrey, BC. Just 4 blocks east of 152nd Street, on the north side of 24th Avenue. There is a left turn access lane directly into a roomy parking lot.

Facilitators:

Samaya Oakley and Daylene Marshall

Participants will choose their priority topics for sessions 2 & 3 at the first workshop.

- 1) Sexuality and Values
- 2) Sexuality and Communication
- 3) Sexuality and Spirituality
- 4) Discovering the Sexual Self
- 5) Experiencing the Sexual Other
- 6) Sexual Attraction and Early Relationships
- 7) Sexuality and Developing Relationships
- 8) Sexuality and Committed Relationships
- 9) Sexual Diversity
- 10) Sexuality and Family
- 11) Sexuality and Aging
- 12) Sexual Health

Questions? Contact [Daylene Marshall](#)

### Oprah says

"With memories of mortifying class discussions led by the gym teacher, what grown-up in her right mind would sign on for another round of sex ed? Turns out, lots of them! Only this time, the lessons are intimate, the questions are provocative, and the homework is electrifying." Oprah about OWL program, July 2009.

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# Adult OWL Registration Form

Name:

Email Address:

Phone ( )

**Time Commitment:** the Adult Our Whole Live Program is three half day workshops. Please consult your calendar and ensure you are available for each of the dates.

March 9      1:00 - 5:00 pm

April 6      1:00 - 5:00 pm

Third Date    TBC

Will you need child care services on site? If yea, please indicate the date, names and ages of the children. This is necessary for planning, the number of care givers.

	Name of child	Age of child
Feb 9	_____	_____
March 9	_____	_____
April 6	_____	_____

Please forward any questions or concerns you have about the course. We will confirm that your registration has been received and answer your questions ASAP. We look forward to meeting you!

GM 11/16/18