

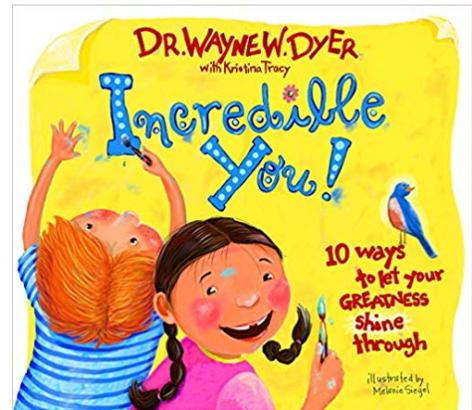
What does it mean to be a People of Wholeness?

Family Faith Formation

Books and Readings of Wholeness

Incredible You! 10 Ways to let your greatness shine through by Dr. Wayne W. and Kristina Tracy

Dr Wayne W. Dyer has taken then 10 concepts from his book for adults "10 Secrets for Success & Inner Peace" and interpreted them for children, creating "Incredible You"! Wayne believes that it's never too early for children to know that they're unique and powerful beings, and they have everything they need within themselves to create happy, successful lives. With this book, parents can introduce these important ideas to their children. The ten concepts are numbered, titled and set in rhyming verse, and vibrant illustrations bring each point to life. At the end, there are questions that kids can answer to connect these ideas to their own lives, and make them realize how incredible they truly are. Renowned author Wayne Dyer has distilled his 10 Secrets for Success and Inner Peace into a children's book titled Incredible You! 10 Ways to Let Your Greatness Shine Through. Co-written with Kristina Tracy and illustrated by Melanie Siegel, this colorful uplifting book affirms and encourages children to imagine, explore, and expect beauty in all its forms. The 10 Ways to Let Your Greatness Shine Through are: 1. Share the Good 2. Find What You Love 3. You are Filled with Love 4. Find a Quiet Place Inside 5. Make Today Great! 6. Change Your Thoughts to Good 7. Take Care of Yourself 8. Picture What You Want 9. Everyone Is Special, Especially You 10. Good Thoughts Give You Energy



Family Activity – Wholeness Egg Shell Mosaic

Colored and crushed eggshells glued on cardstock. Can they make a circle mandala of the eggshells representing wholeness? Check out this video to find out how: <https://www.youtube.com/watch?v=9F8S4T1z5IU>

Family Video – Jesus Christ Superstar (G)



As we engage in the theme of wholeness, here's a movie to bring the theme of wholeness to life. Jesus realizes that it is only in death that his message will become whole, so check out this movie about the last week of his life.



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SHARING CIRCLE

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