

What does it mean to be a People of Blessing?

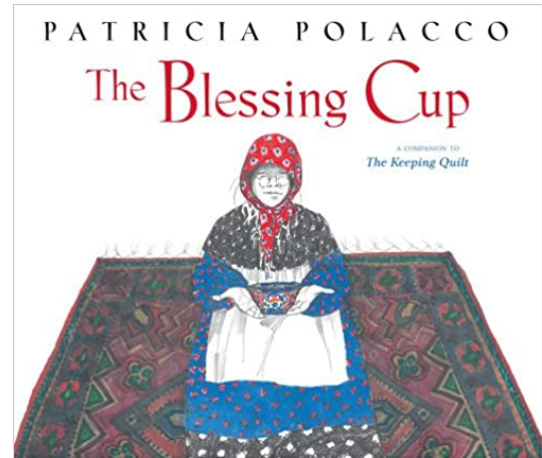
Family Faith Formation

Books and Readings of Wholeness

The Blessing Cup by Patricia Polacco (Author, Illustrator)

“A bond of love unites a family throughout generations in this companion to the beloved and bestselling classic *The Keeping Quilt*.”

As a young Russian Jewish girl in the early 1900s, Anna and her family lived in fear of the Czar’s soldiers. The family lived a hard life and had few possessions—their treasure was a beautiful china tea set. A wedding gift to Anna’s parents, the tea set came with a wish that “Anyone who drinks from this will have blessings from God. They will never know a day of hunger. Their lives will always have flavor. They will know love and joy and they will never be poor.” - Amazon.



A story about persecution in the Pogroms in Russia as well as the blessings of heritage. Good for reflection on all marginalized peoples.

Outdoor Blessings Scavenger Hunt

Take some time over these next two weeks to go in a walk out in nature and see if you can objects and places for each sense?

- Smell - a smelly sewer, a flower?
- Taste - beware of berries unless you can identify them! What about providing a taste of lemonade?
- Sight - clouds, tree limbs, birds
- Hearing - sounds all around
- Touch - textures, rough from pavement, smooth like glass.
- Vibration - from a big truck driving by shaking the ground
- Balance - on a rock or curb
- Temperature - warm from the sun or cool in the shade

An App for You to Explore: Who Am I? Race Awareness Game (The Blessing of Diversity)

“Developed by a Harvard professor and an award-winning producer of interactive entertainment for children, *Who Am I?* engages adults and children in frank discussions about sensitive subjects concerning race, ethnicity, and culture. Similar to playing the game *Guess Who?*, parents choose a picture from a large group of racially diverse portraits, then hand the device to their children. Kids ask a series of questions regarding physical attributes, and eventually discover the right one by

process of elimination. Each portrait comes with quotes from the person explaining how he/she identifies him/herself. The quotes make ideas about race feel more personal, although some of the quotes could reinforce assumptions without parental guidance to offer context.

Some parents may think it unwise to broach the subject of race with younger children, but the game's introductory text makes a compelling argument that children are already thinking about differences in the way people look and regard themselves and others at a young age, and that it's best to help guide them on this cognitive process. Still, it's a parenting decision that moms and dads will need to make for themselves..." - Common Sense Media review

<https://www.commonsensemedia.org/app-reviews/who-am-i-race-awareness-game>



Soul Matters

SHARING CIRCLE

© 2018-19 Soul Matters ALL RIGHTS RESERVED