

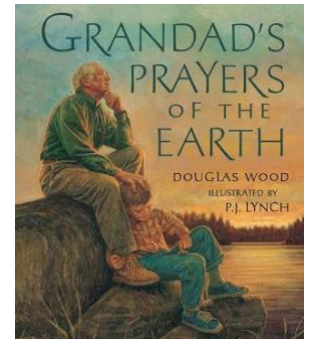
Family Faith Formation

Family Book Recommendation

Grandad's Prayers of the Earth, by Douglas Woods

Video: <https://www.youtube.com/watch?v=Ull-6D8lVXU>

A boy finds wisdom from his grandfather. This grandad knows how to deeply listen to the earth. After his grandfather dies, the boy slowly understands the wisdom of what his grandfather was saying. It gives him a path for connecting and healing.



Family Activity

When we think of those who have died, long ago, or more recently, one way to remember them is to imagine them now through memories. Memories are the stories about that person and the wisdom we were given from that person - their life and words. We are made strong for our own lives when we listen to what we have learned from that person's life.

As a family, take time to listen now to this chant. While listening, draw a picture of memory you have of a loved one who has died. Remember animals are also loved ones. So it's great if you draw them too.

Listen Listen Listen To My Heart Song - <https://www.youtube.com/watch?v=npFXSsrKxdo>

One by one, each person shares their drawing and a short description of who they are missing. After each person shares, light a candle in honour of the memory who is being remembered. We will all lose someone eventually. Listening deeply to each other helps by sharing the universal experience of loss. It helps us know that we are not alone.

Family Movie

Show *"It's the Great Pumpkin, Charlie Brown"* (25 minutes) for Halloween. Carry on with another Halloween tradition by watching this movie together. Charlie and Linus listen for the arrival of the Great Pumpkin in Linus' "most sincere" pumpkin patch. That sounds deep to us.