# **Family Faith Formation**

## **Family Book Recommendation**

#### The Twelve Gifts of Birth by Charlene Costanzo

The Twelve Gifts of Birth by Charlene Costanzo offers a message of love and hope for children of all ages and for the child in every adult.

#### Online story:

https://academictips.org/blogs/the-twelvegifts-of-birth/

## **Family Activity**

### Earth Day Scavenger Hunt!

As a family take a nature walk and find something that...

- Is green
- Is recyclable
- Is made of natural ingredients
- Is grown by the sun
- Represents a connection to nature
- Is reusable
- Is part of the web of life
- Has a star, moon or planet on it
- Is blue
- Has a flower on it
- Bonus: shows our planet!

As you are out and about, here's a couple of questions to consider as a discussion topic:

- What else would you include in the Scavenger Hunt and why?
- What wishes do we each have for Mother Earth.

### **Family Movie**

**Spirit Untamed** - Follow along in the adventures of Lucky Prescott and Spirit as they each seek a place to belong and find it in friendship.



